



Christies Beach
High School

Issue no. 3 - May 2016



News@ Christies Beach High School

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Scan this QR code to link directly to the website via your smart phone

From the Principal

Christies and Proud Celebrating 50 years 1966 - 2016

Dear Parents/Caregivers, Staff and Students

This Sunday (22 May) is the school's 50th Birthday celebration. This is a significant milestone which we will celebrate with former and current students, staff and families. Interest in this event has been astounding with people from across the state and country planning to attend to celebrate with us. It is obvious that many people have fond memories of their time at Christies Beach High School which is why we penned the motto 'Christies and Proud'. This motto also applies to our current students. I have previously stated that I want our students to be proud of who they are, of their special talents and abilities and 'be proud' to be students of this school and of what they have achieved.

Planning for the 50th birthday has been a huge task led by Annette Greenshields, Leader of the Arts and School Promotion, with strong support from Sonia Radford, a former student of the school (1968 - 1973). On behalf of the school community, I sincerely thank Annette and Sonia for their leadership, planning and organisation. It is going to be a wonderful event and I hope that students and families will join us to celebrate.

Staffing

This term we welcome the following staff in short term contracts:

- Holly Steele
- Wilson Diep
- Hayden Lynn
- Ray Rochow

Also, a special welcome to Deb Hart, our new Canteen Manager.

Unfortunately, we are still without a female student counsellor as the position remains unfilled. The position will be re-advertised and hopefully will be filled from the beginning of Term 3.



**Government
of South Australia**
Department for Education
and Child Development

Diary Dates

Wed 18 May
Student Free Day
Staff Professional
Development

Thu 19 May - Sat 21 May
Aboriginal Power Cup

Sun 22 May
50th Birthday
Celebrations



Mon 23 May
School Closure

Mon 23 May - Fri 27 May
Reconciliation Week

Thu 26 May
Year 8 Immunisations

Fri 3 Jun
World of Maths

Mon 13 Jun
Queen's Birthday

Fri 17 Jun
Year 8/9 Boys and Girls
Football

Mon 20 Jun
Governing Council

Tue 21 Jun
Operation Flinders

Fri 24 Jun
End of Semester 1

Mon 27 Jun
Start of Semester 2

Thu 30 Jun
Operation Flinders

Fri 1 Jul
Year 10-12 Boys
Basketball

Mon 4 Jul - Fri 8 Jul
SAASTA Block 2 TAFE

Fri 8 Jul
Last day Term 2
2:00pm Dismissal

Morton Road
Christie Downs SA 5164

Telephone: (08) 8329 9777
Fax: (08) 8329 9778

cbhs@cbhs.sa.edu.au

Student Services: (08) 8329 9716
Finance Office: (08) 8329 9713

www.cbhs.sa.edu.au

In the short term we welcome Leah Stacey, a Youth Worker, who is providing support to students alongside our male Student Counsellor, Shane Reeves.

Student Free Day – Wednesday 18 May

This Wednesday, all schools and preschools in the Beach Road Partnership will be closed to allow staff to participate in professional learning. The focus of the day is literacy, which is one of our school's priorities.

At CBHS teaching and classroom support staff will explore subject specific literacies with the theme 'Literacy is everyone's business'. This learning will support the development of a whole school agreement on writing skills and text types to be explicitly taught across Years 8-12. As students progress through the secondary years there is a greater emphasis on demonstrating learning through writing, so it is important to sequentially teach those skills that will enable students to be successful. In Term 3 we will focus on reading comprehension which will complement our whole school approach to improving literacy and support our intervention and support programs.

If you would like a copy of our Site Improvement Plan which outlines our 2016 priorities, please visit our school website.

Release of the DECD Governing Council portal

The Governing Council provides a real opportunity for parents/caregivers and community members to participate in school decision making in relation to school improvement and accountability.

A new DECD Governing Council portal was released on Wednesday 4 May to streamline the way councillors, parents/caregivers and schools access information. The portal can be accessed on the new DECD website and is a 'one stop shop' for governance information, including:

- roles and responsibilities of councils and councillors
- employer details
- how to work with committees

The portal also provides information on council membership and eligibility, the different roles on the council and how the election process works.

This is only the first stage of the portal. Further development will occur over the next year, with the addition of online training, parent/caregiver engagement strategies and opportunities to showcase 'best practice' examples of governance.

I encourage parents/caregivers to have a look at the portal, especially as we still have several casual vacancies on the CBHS Governing Council. If you have any questions about the role of the Governing Council or would like to become a member, please contact me at school.

The address for the portal is <https://www.decd.sa.gov.au/sites-and-facilities/governing-councils>

Canteen

This term we are implementing changes in regard to what food and drink is available in the school canteen as we work towards providing better and healthier options for students. We will continue the daily specials which include curries, burgers made with 100% beef or chicken and lasagne. A healthier breakfast menu will also be available in coming weeks. Many students have been positive about some of the new additions to the menu. As we implement the changes we will work with students to help them understand the importance of having healthier options.

Kind regards

Sharon Goldman
Principal

Silly Skills Sports Day



At the end of Term 1 the Year 8 students participated in a class vs class 'Silly Skills Sports Day' to celebrate the end of the Year 8 students' first ever term in high school.

Each class faced off their fellow classes in a herculean effort to win at the Egg and Spoon race, Unders and Overs and Tug of War.

Classes were judged on their athletic performance, sportsmanship and cheering!

805 were the winners of the day and were presented with a 'Shark Plaque' as a reward for their efforts.

The students then rejoiced in victory or despaired in defeat over a delicious shared recess.

Joanna Eleftheriou
Teacher

VET Health Report Term 1

For those who do not know, Christies Beach High School offers a Certificate 2 in Health Support Services, which is an entry level course for anyone who is potentially interested in working in the health sector. We cover a number of core business and relationship skills in the competencies offered by our particular course, giving students a head start on doing the Certificate 3 courses in Health, as well as SACE credits. This course can be chosen by anyone from Years 11 – 12 as long as they meet the language, literacy and numeracy benchmarks. We are proud to be part of the Southern Adelaide and Fleurieu Trade School (SAFTS) and offer this course to students from the other schools in the partnership as well as Christies Beach High School students.

It has been an extremely busy term for VET Health at CBHS. We have completed a number of competencies including Work Health Safety, First Aid and Manual Handling as well as starting a number of competencies around communication and working effectively with others. We have started to get our police clearances and have organised our work placements over the next two terms at St Basil's Aegean Village, our principle partner, along with TAFE SA. We will have access to a medical facility for students to practice and develop their skills around communication, infection control and working with others. The clients are very excited and looking forward to our visit in Week 4.

I am tremendously proud of all my students, particularly around their behaviour when they have been off site. They have been task orientated and hard working as well as having time to enjoy the experiences they have had on offer. Well done to all of you.

Lastly, to Amanda Henry, Lori Turner, Amanda Cavaiuolo, TAFE SA and St Basils - thank you so much for the hard work you do behind the scenes to make everything happen. I see our wonderful students thrive in the workplace environment, however, without your tireless efforts, none of this would be possible.

I am looking forward to a fantastic Term 2.

Adam Thompson
Teacher

We need all kinds of people to become foster carers.

Phone 1300 2 FOSTER (1300 2 367 837)
or visit www.fostercare.sa.gov.au

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or visit www.fostercare.sa.gov.au

CD4168

CD4168



Scooter National Championships

Year 11 students Braiden and Jackson competed in the Australian Scooter Championships in Brisbane in the 16 and Under Freestyle category on April 9.

Jackson won the under 16 title and is now the Australian National Champion!

Braiden also did well and both boys have received sponsorship deals for their efforts!

A fantastic effort by both boys.

Paula Tonkin
Leader Year 11



Braiden and Jackson

2016 Adelaide Careers and Employment Expo

Venue: Adelaide Showground – Jubilee Pavilion

Date: Friday, 20 May - Saturday, 21 May 2016

Time: Friday: 9:00am – 3:30pm and Saturday: 10:00am – 4:00pm

Admission: Free Entry

- Over 60+ exhibitors
- SA employers and industries
- Skills & interactive arenas
- Tertiary, TAFE and vocational education and training organisations
- Graduate roles, apprentice and trainee roles
- Free employment, industry and training seminars
- Real full, part-time and casual jobs on offer

Amanda Henry
Student Pathways and Career Development

Breakfast Club

FREE breakfast for students every Monday, Tuesday, Wednesday and Friday

7:30am - 8:30am
2G08

cereal, toast, fruit, Milo

Special days, pancakes, toasted sandwiches, eggs, smoothies, etc.

Students and staff would like to thank **Foodbank** and **Kickstart for Kids** for their kind donations of basic breakfast foods and fruit.

Margaret Rankine
Breakfast Club
Co-ordinator

Volunteer Needed

Breakfast Club
Friday Mornings

7:30am - 8:30am

Must have a DCSI Screening and be willing to undertake *Response to Abuse and Neglect* training.

Please contact Margaret Rankine on 8329 9777 if you are interested.

PATHWAYS AND CHOICES

A FORUM FOR PARENTS AND CAREGIVERS OF STUDENTS IN YEARS 7 TO 10

5:30-9pm Wednesday 18 May

Host
Katrine Hildyard, *Member for Reynell*

Speakers
Verity Kingsmill, *Careers Centre, Flinders University*
Brad Gotch, *Senior Coach, South Adelaide Football Club*
Amber Bailey, *Education Manager, Encounter Youth*
Dave Flanagan, *comedian and mentor*

Location
Peter Darley Function Room, South Adelaide Football Club
1 Lovelock Drive, Noarlunga Downs

A light meal and refreshments will be provided.

Flinders University, The Smith Family, Encounter Youth and South Adelaide Football Club present a relaxed and informative forum to discuss some of the issues faced by students in middle and secondary school, including:

- Careers in a changing market
- Choices and decision making
- Legalities and tips for hosting parties
- Leadership

Please RSVP by 6 May to karissa.clare@thesmithfamily.com.au or phone 8384 8654 / 0428 259 217



Flinders
UNIVERSITY



PANTHERS



ENCOUNTER
YOUTH

VIVA 7s Rugby Union

On Friday, 8 April, Rugby Union came to our school. They ran a VIVA 7s tournament and training for us. We did some great drills and learnt a lot. We really enjoyed playing the game, which is a non-contact version of Rugby Union. They gave prizes to some students at the end of the day.

There were about 60 students involved from Special Options, mainstream and FLO programs. We hope to have them come out again soon. Jack and Henry were great and donated their time for free.

It was a really good day and Jack and Henry were kind enough to write a letter to say how well we all did.

Shannon and Tyson Students

The Learning Curve Wellbeing Program

connects students, parents/ caregivers and teachers. It assists with building sustainable and transparent learning partnerships within school communities. It provides regular opportunities for parents/ caregivers to be part of their child's learning.

The Learning Curve focuses on the following habits:

Living – promoting social emotional growth

The program encourages students to become self-aware, develop self-control, become motivated, and be successful in managing relationships.

Learning – teaching how to learn

The program uses an array of learning approaches and study skills which develop curiosity and a love of learning.

Thinking – teaching how to think creatively and critically Using Habits of Mind and higher order thinking tools students learn to transfer knowledge and skills across subjects and reflect on what they learn.



South Australian
Rugby Union Ltd
Memorial Drive Complex
(Tennis SA Centre)
War Memorial Drive
North Adelaide SA 5006
PO Box 43 North
Adelaide SA 5008
t +61 8 7070 6947
f +61 8 8231 6966
ABN 61 091 664 409

Dear Mr. Adam Thompson,

On Friday 8th April The South Australian Rugby Union facilitated a VIVA 7's carnival at Christies Beach High School, I would like to send my thanks to yourself, the school and the students for making it such a fantastic day.

The students that attended on the day should all be praised as to how they represented the school. They all showed respect, responsibility and an eagerness to learn which made the day thoroughly enjoyable for myself and the other staff that attended. They are a fantastic group of young adults that demonstrated fantastic sportsmanship for the entirety of the day.

The South Australian Rugby Union would be more than happy to return and deliver programs for many years to come so we can forge a strong relationship and look to grow the sport of Rugby Union at Christies Beach High.

Kind Regards,

Jack Campion

Development Coordinator

South Australian Rugby Union



Premier Partners



Major Partners

St Andre • DigiforeVideo • Dayfuel •
Call CMC Lawyers • Kilmartin •
One Solution • Phil Hoffman Travel •
Valence Industries • Wattek

Corporate Partners

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Direct Printers • Eas and Hardware •
Dr PC • Glaxo • Keweenaw • Gossile •
Supatronics • Swagman • Purple Discs

Media Partners

The Advertiser • Sunday Mail

The Learning Curve Wellbeing Planner - weekly foci

Wellbeing Builder: Changing Brain: Neuroplasticity

Wellbeing Element: Positive Engagement

Character Strength: Humility

Wellbeing Fitness Challenges: Years 7-9 – Bright and Light, Years 10-12 – Strengths Spotting

For many years researchers told us that our brains' intelligence was fixed and consequently both students and teachers believed that hard work was the only way to get the best out of this fixed quantity; leading to non-productive fixed mindsets. Research has now shown that our brain change and this is called Neuroplasticity. As students learned from Building Brain Pathways, their brains build new pathways for every new experience they have and existing ones are strengthened through practising to create habits.

Understanding and accepting this fact can act as a powerful growth mindset for students. This means that they can build their intelligence by lifting their efforts to learn new ways of thinking and applying what they have learned to new situations. To fuel this growth mindset teachers need to provide students with these new ways to create new brain pathways. The old hard work message still applies in order to turn these pathways into fast freeways through practice.

Some very effective new and innovative brain building strategies in the planner and on the website include

- Investigating and using the 60+ Thinking Tools
- Working through the Positive Education section
- Doing the Resilience Builders
- Applying Mindfulness Activities
- Completing Wellbeing Reflection Activities

"I've never made a mistake, I've only learned from experience." Thomas Edison

Winter uniform

Are you ready for winter?

In the photo you can see our new CBHS winter uniform items. Claire is wearing a pair of trackpants and woollen/acrylic jumper. Ryleigh is wearing trackpants and rugby top. Also available are navy bootleg pants for girls and navy cargo pants for boys.

Uniforms are available for sale from Student Services at CBHS which is open 8:00am - 4:00pm Monday - Friday.

If you would like to make a payment plan, please speak to Angela Santinon, Finance Manager, either in person or by phone on 8329 9713.

Please note that denim, leggings and non-school trackpants are **not** permissible.

Footwear should be sturdy, closed-in shoes, preferably black.

Bronwyn Phillips
Assistant Principal
Middle School and Intervention and Support



Christies Beach High School Uniform Items and Price List

Polo shirt – Middle School	\$32.00
Polo shirt – Senior School	\$32.00
Windcheater with hood	\$48.00
Full zip hoodie CBHS	\$58.00
Skirt	\$55.00
Dress	\$68.00
Shorts – Hipster style – navy	\$35.00
Shorts – Cargo style - navy	\$32.00
Pants – Bootleg – navy	\$42.00
Pants – Cargo style – navy	\$38.00
Trackpant - navy	\$35.00
Rugby Top – navy/sky/white	\$62.00
P.E. Short/running - navy w piping	\$25.00
P.E. Shorts Basketball – navy	\$25.00
Wool/Acrylic jumper - navy	\$50.00



CHRISTIES BEACH HIGH SCHOOL



Former and current students and staff, along with their families,
are warmly invited to our

50th Birthday Family Fun Day Sunday, 22 May 2016 11:00am – 4:00pm

Great activities running throughout the day

- Memorabilia and decade displays
- Reunions! Meet and greet old friends
- Live music
- Artwork and cultural displays
- Fun photo booth
- Cakes and treats from days gone by
- 'We Remember' memorial
- Retro kids' play area
- School tours
- ... and much, much more!

with a special focus on a decade every hour

Consider wearing the colour of your decade!



at Christies Beach High School

Enter off Beach Road

No smoking or alcohol permitted on or near school grounds.

Enquiries: Ph. 8329 9777

BOOK
NOW!!

Who's In Charge? Term 2, 2016

Junction
AUSTRALIA | strengthening ties
and communities

An 8 session course for those struggling with children
or adolescents that use violence and abuse
towards them and other family members.

**Parenting strategies for coping with difficult
situations and behaviours!**

Week 1: Tuesday 17 May
Week 2: Tuesday 24 May
Week 3: Tuesday 31 May
Week 4: Tuesday 07 June

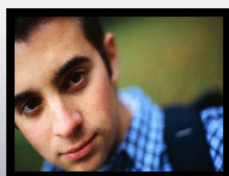
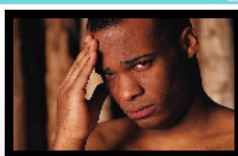
Week 5: Tuesday 14 June
Week 6: Tuesday 21 June
Week 7: Tuesday 28 June
Week 8: Tuesday 05 July

Times: 10.00am – 12.00pm

Morning Tea provided



*Parents are
not the
problem but
part of the
solution...*



Junction Australia www.junctionaustralia.org.au

at

Family Connections Hackham

Address: 72 Collins Parade, Hackham SA 5163

Facilitator: Sheila Davidson

Bookings and enquiries to: Junction Australia

Phone: 8384 7877

2016 CENSUS FIELD OFFICERS

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team and play a role in shaping the future of Australia.

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apply today.

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assigned area. Job seekers from diverse backgrounds are
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OUR MOMENT TO MAKE A DIFFERENCE

f Census Australia
@ABSCensus

@ABSCensus
CensusAustralia

child & adolescent sleep clinic



**Does your teenager have
a sleep problem?**

Does your teenager:

have trouble falling asleep?
not fall asleep until late at night?
have trouble waking up or getting
out of bed in the morning?
miss school or feel fatigued
throughout the school day?

If you answered yes to any of
these questions, your teenager
could benefit from a new treatment
program being run at the **Child &
Adolescent Sleep Clinic**, within the
School of Psychology, at Flinders
University.

For more information please call
8201 7587 or email
casc.enquiries@flinders.edu.au

 Find us on
Facebook

www.facebook.com/cascsleep