



CHRISTIES BEACH HIGH SCHOOL

NEWSLETTER

ISSUE 3 | SEPTEMBER 2019

DIARY DATES

27 September

Last day of term 3
Early dismissal 2.20 pm

14 October

First day of term 4

15-17 October

Inclusive Education Centre Camp

21-25 October

Enviroweek

23 October

Year 10 & 11 Immunisations

24 October

Sports Day

25 October

World Teachers' Day

31 October

Year 8 Immunisations

1 November

Year 12 Finish

6 November

Year 12 Graduation

11 November

Remembrance Day

11-15 November

National recycling week

22 November

Student Free Day

25-29 November

Year 7 Transition camp

26 November

Year 9 STEM Design & Tech Enrichment

27 November

Ladies of variety Christmas Party

29 November

Year 11 Last day

4 December

Awards night

6 December

Year 8 & 9 Flinders campus visit

13 December

Last day of term 4
Early dismissal 2.20pm

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FROM THE PRINCIPAL

To parents, caregivers, students and community,

The end of term 3 is traditionally one of the busiest and most hectic times of the school year. Year 12 students are extremely close to the end of their studies and I know there is a lot of positive energy throughout that group to make sure each student is giving themselves the very best chance of achieving the success needed to set up the next steps in their lives. While most of us look forward to a 2 week break, many teachers and students will be working together over the period to put final important touches on assessment work and exam preparations.

Learning Conversations have just been completed over 2 afternoons and nights, and with around 500 individual discussions taking place, the focus on learning achievement (one of our 4 school values) is evident. It is our commitment to you that there will be no surprises in end of year reports or results. If there are areas we need to focus on for learning improvement, you will know about it in time to work in partnership with us to support your child to be successful.

MIDDLE SCHOOL DEVELOPMENT

You'll be excited to know the new home for our year 8 and 9 students in 2020 is quickly moving towards completion. This stunning piece of architecture that will leave us with world class learning spaces for middle school students is capturing the interest of students and the wider community now that the building is taking shape. We have consulted with students and teaching staff about the sorts of furniture for classrooms and break out spaces that will best meet the needs of everyone, and I'm confident we have the mix just right. Combining various heights, soft furnishings, traditional desks and chairs, safe storage for students and an array of other bits and pieces will make the place an inspirational teaching and learning environment.



GOVERNING COUNCIL MEMBERSHIP

Parent voice is a critical part of effective school governance, as we need to keep making sure our school reflects the balanced needs of the local community and our state education system. The best and most effective way to be part of that process is to be an active and supportive member of our Governing Council. Membership gives you a chance to comment on policy development, represent views of other parents and make a positive contribution to whole school decision making within the described role of Governing Councils. Our Governing Council is growing quickly. Each year vacancies exist, so I encourage you to consider nominating and being a part of this great opportunity. Meetings are twice per term on Monday evening and last for about one hour on average. In 2020 we will be looking for a new chairperson as our current chair, Anne Taylor, vacates the role. I'm really keen to speak with anyone who is interested in this role to provide further information.



Government of South Australia
Department for Education

CRICOS Provider Number: 00018A

FROM THE PRINCIPAL

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SPORTS DAY

We are excited to be planning the reactivation of our annual Sports Day onto the school calendar. A dedicated team of staff and students are working together to ensure the day is inclusive, successful and most importantly, lots of fun. Please mark Thursday 24 October in your calendar and feel free to come along and enjoy the day. More information will be provided closer to the event.

Enjoy the upcoming holiday break, and we look forward to welcoming all students back to school on Monday 14 October.

Graham Clark
Principal

FROM THE DEPUTY PRINCIPAL

The level of pride I have for the students of Christies Beach High School continues to grow every day. Whether the students have attended a camp where their behaviour has been exemplary, entered a sporting competition that they have never had experience with or have been in class eager to learn it is testament to the level of commitment and dedication of all involved in the learning journey.

Throughout term 3 everyone has been on a pathway to complete work to the best of their ability, to engage in school in a way that best meets their needs, to be brave enough to ask for support and to show resilience in often trying circumstances. This alone is enough to be proud of however on top of this is the learning the staff have been doing to enable your child/children to access education that is tailored to their needs and interests.

At the end of term 3 I thank you, as parents and caregivers for your participation in Course Counselling, Learning Conversations and attending events run by the school. I look forward to seeing you at the end of year awards night. Please save the date for this as it will be held in the gymnasium on Wednesday 4 December.

Kirri Minnican
Deputy Principal

BREAKFAST CLUB

FREE breakfast for students every Monday, Tuesday, Wednesday and Friday.

8.00am - 9.00am, 3G08 - cereal, toast, fruit, eggs and Milo

Volunteers needed - must have a Department of Human Services (DHS) clearance and be willing to attend Responding to Abuse and Neglect training.

Margaret Rankine
Breakfast Club Coordinator



CANTEEN NEWS

Have you checked out the new range of healthy options at the canteen yet?

Salads, sushi, cold rolls, baguettes, wraps, sandwiches, dip and sticks. A selection from the range will be available daily or if you specifically want something on a certain day it can be pre-ordered the day before. Orders need to be placed prior to 2.00pm for the next day.

Check out the website for selections and prices. Just choose CBHS from the drop down school menus tab.

<https://rorys.com.au/menus/christies-beach/>

Bev
Canteen Manager

END OF YEAR ARRANGEMENTS FOR YEAR 12 STUDENTS

The following information is for students and parents/caregivers of students in year 12

- Last day of formal attendance for year 12 students is week 3, Friday 1 November.
On this day students will be involved in activities and a lunch will be provided to celebrate the end of formal lessons.
- Students may however, need to continue attending school and work with teachers to complete work, as resulting for school-assessed work in subjects will be continuing. All resulting will be finished by Friday 15 November in week 5.
- Exam week begins in week 4.
Listed below is a timetable of exams.

All exams will be conducted in the year 12 centre in 1G16

DAY/DATE	TIME 9.00am	TIME 1.30pm
MONDAY 4 NOVEMBER	BIOLOGY 130 MINS	
TUESDAY 5 NOVEMBER	ESSENTIAL MATHS 130 MINS	MATHS METHODS 130 MINS
MONDAY 11 NOVEMBER		PHYSICS 130 MINS
THURSDAY 14 NOVEMBER		PSYCHOLOGY 130 MINS
FRIDAY 15 NOVEMBER	SPECIALIST MATHS 190 MINS	
MONDAY 18 NOVEMBER		GEOGRAPHY 130 MINS

- Year 12 Graduation will be held in week 4 term 4, Wednesday 6 November commencing at 5.30pm.
- All outstanding materials e.g. computers, textbooks and any other materials must be returned by Friday week 5 of term 4. At this time all invoices must be settled.

Ilze Nagy
Assistant Principal Senior School

FLINDERS UNIVERSITY EXCURSION

On Wednesday 4 September our Indigenous students from years 8, 9 and 10 had a wonderful opportunity to participate in 'Life in the Uni Lane' – a Flinders University program exploring academic pathways and career options after South Australian Certificate of Education (SACE) Completion.

The purpose of this was to expose our Aboriginal students to university life and take part in activities such as forensic science, earth sciences animation and effects physical sciences and creative arts organised for them. It is worth noting that if we expose them to university earlier this may spark interest to pursue a university education when they finish high school.

James Silombo
Aboriginal Education teacher

PARLIAMENT HOUSE VISIT

On Friday 6 September, we attended a celebration to commemorate 125 years of women's suffrage in South Australia.

We had a tour of Parliament House and learnt about the history and heritage behind the architecture, age, and symbolism. We also learnt about the politics behind how women received the right to vote and their struggles in politics. We were lucky to have the opportunity to hear a firsthand experience from Molly Byrne, who was the first female political member of South Australia. After the tours, we met Katrine Hildyard MP and many other politicians to share afternoon tea with. It was a wonderful experience to hear from past and present female representatives of SA.

Janet and Maddy
Students

ENVIRONMENTAL SCIENCE

During term 3 students studying year 10 Environmental Science have embarked on a journey to investigate the concept of sustainability.

An applied meaning of sustainability can be referred to as "avoiding of the depletion of natural resources in order to maintain an ecological balance in a local, country or global community".

The first steps involved learning about key features that makes Christies Beach High School's Environmental Learning Centre unique. Students were introduced to and were able to see first-hand, sustainable building design fundamentals. These included:

- straw bale walls
- earth tube cooling
- trombe walls
- compost toileting
- rammed earth bricks
- plastic recycled timber
- reverse brick veneer

The next step involved collaboratively researching materials and how rammed earth bricks are constructed. Key learnings indicated the use of a mix of sand, soil and clay carefully compacted and hardened in a pre-prepared wooden form work. Students were able to construct their own bricks in an effort to simulate the construction of a real building. If enough suitable bricks can be produced, the next step is to design and build a garden bed or small seat.

To follow on, students also spent time preparing garden beds by turning soil and adding school-made compost. Foods such as corn, chilli, spinach, peas and tomatoes have been planted and anticipation grows to see the crop develop. This hands-on practical activity has reinforced that the sustainability of food is important as a society heading into the future.

Mike Duke
Environmental Science teacher



Rammed Earth Brick



Christine Hutchins



Aaron Challis-King



Alex Trott, Aaron Challis-King and Joey Enal

STUDENT SERVICES

Please be advised from the start of term 4 (Monday 14 October), Student Services will change its open times from 8.00am to 8.30am to more closely align with the start time for the school day at 9.00am.

The closing time will remain at 4.00pm. Thank you in anticipation for accommodating this change.

David Beltrame
Business Manager

LOST PROPERTY

From time to time students misplace personal items and often these are handed in to Student Services.

There is a large collection of items currently waiting to be claimed. Anything not claimed by Sunday 29 September 2019 will be disposed of or donated to charity.

David Beltrame
Business Manager

BORROWING UNIFORMS

Students who have left items of clothing when at Student Services borrowing uniforms must collect their items and return borrowed uniforms by Sunday 29 September 2019 or they will be disposed of or donated to charity.

David Beltrame
Business Manager

INCLUSIVE EDUCATION CENTRE (IEC)

IEC 3 students chose personal projects to explore areas of interest.

Ashley Gill one of our year 10 students, has created a vertical garden using recycled plastic bottles. He not only has created this garden but also has responsibility for looking after his plants.

Sandie Palamountain
Teacher IEC 3



Students from the IEC 7 class have been participating in a nature-based enrichment program at the Environmental Learning Centre during term 3.

Every Thursday afternoon the group engages in activities including chicken coup monitoring, outdoor wood working skills and garden maintenance and landscaping. Students have been eager to collect eggs from the chicken coup to use in the kitchen.

The group has done an excellent job of clearing out weeds from the chicken coup and providing much needed maintenance on the watering and feeding stations. Students also identified a number of leaks in the chicken house. Carefully the group measured and cut timber to fix over the holes to prevent leaks. Using teamwork, the group also constructed a small ladder for the chickens to roost on. By making the chickens feel at home we look forward to the fresh eggs they will provide.

Michael Morrison
Teacher IEC 7



Noah Smith



Wayne Crossfield



Shakeem Warren-Richards



Tia Leaford



Ben and Ryan



Koby

INCLUSIVE EDUCATION CENTRE (IEC) EXCURSION

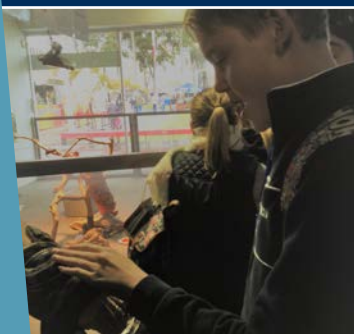
Some students from the IEC were fortunate enough to receive tickets to attend The Royal Adelaide Show on Wednesday 4 September.

It was a rainy day but that didn't hold anyone back with exciting experiences for all, particularly those who had never attended the Royal Adelaide Show before. We took the train to the city and had a fantastic day out looking at everything on offer; pig racing, wood chopping, horse riding, lots of animals and more.

Alicia Hogan
Teacher IEC 4



Tyrone, Ashley and Koby



Sammy



Ashley



Tyler



Sammy



Tyler

"It was a fun day walking around" - *Leia*

"I saw the pigs racing, they were cute" - *Tyler*

"The best part was the pig racing and them snorting" - *Jessica*

YEAR 10 SOUTH EAST TOUR

On Tuesday 3 September, 37 year 10 students and 3 staff boarded a coach for the inaugural South East tour. The 4-day trip included destinations such as Mt Gambier, Naracoorte, Robe and Beachport.

The itinerary provided students an opportunity to deepen their connection with curriculum (science and geography) and bond with one another outside of the regular school routine. Some highlights of the tour were visiting the Victoria Fossil Caves, the Robe Obelisk, the Blue Lake, Kilsby and Umpherston Sinkholes and the Bend Motorsport Park. Accommodation was provided by the Lakes Resort Mt Gambier and evening activities included ten-pin bowling and a visit to the cinema. It was wonderful to see Christies Beach High School students proudly representing their school by exhibiting maturity, respect and inclusion throughout. The South East tour was an invaluable learning experience and a wonderful opportunity for staff and students to develop lasting relationships. Thank you to everyone involved with the planning of the tour, and to the students who made the trip truly unforgettable.

Imogen Knight
Year 10 Leader



Dingley Dell



Carpenter's Rocks



Exploirng Mt Gambier



Snorkelling at Kilsby Sinkhole



**Making friends with
Diprotodon**



Holding the Robe Obelisk



At the end of the Beachport Jetty nearly 800m long

"The Naracoorte caves were very interesting. I liked seeing how water forms the stalactites and learning about the fossils of Australian animals." – **Chloe McKenna 1004**

"My highlight was seeing the lakes district at Mt Gambier. I climbed to the Centenary Tower which was a great view of the town and the Blue Lake." – **Benjamin Wilson 1003**

"We went snorkelling in the Kilsby Sinkhole. It was really deep (30 metres) and we could see the bottom because the water was so clear. The wetsuits kept us warm even though the cave stays at 15 degrees the whole year."

– **Amelia Roe 1003**

"On the way home we stopped at the Bend Motorsport Park in Taillem Bend. I got to see the racetrack and lots of cars from over the years. My favourites were the VL turbo, the Ferraris and Peter Brock's Torana." – **Toby Jeisman 1005**

SNOW TOUR 2019

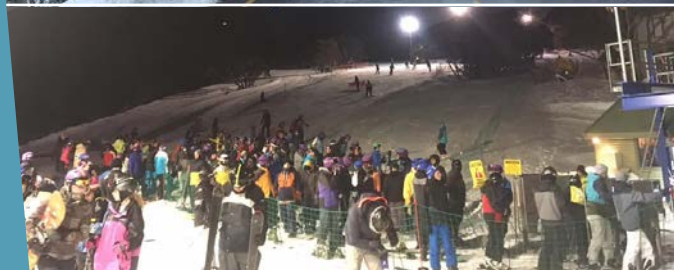
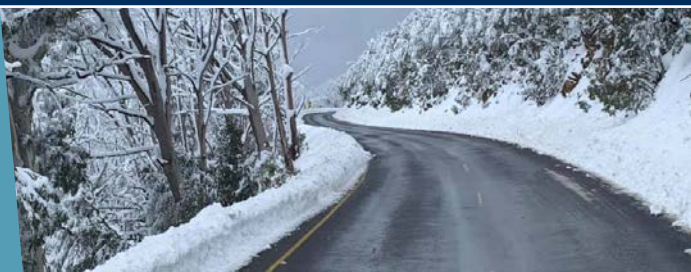
On Saturday 10 August 4 students and 1 lucky staff member set off with a group from Mount Barker High School to Mount Hotham in the Victorian Snowfields.

With a red carpet entrance to board the bus, we drove overnight on Saturday 10 August. We had a 2 hour stopover in Bright, as the snow fell the night before was so heavy trees had fallen on the road closing the mountain. We finally arrived on Sunday for their first ski/board lesson. Accommodation was perfect at Bembooka Lodge, which is on the top of the mountain and a 5 minute bus ride from the central ski/board area. With 3 students skiing and 1 snowboarding, students and staff hit the slopes. There were many falls, loads of laughs and huge examples of resilience, each student persisting and successfully learning the skills of their chosen sport. The crew from Mount Barker took us in like family and lifetime friends were made. The week was full of hearty home cooked meals provided by Bembooka Lodge, daily ski/board lessons and then practicing those learnt skills. Night skiing on the Wednesday night was an amazing experience, with hundreds of skiers and boarders joining in on the fun. Students have never been so tired and felt muscles they never knew they had. The trip was an amazing adventure and all participants have started planning for next year!

Anna Bren
Student Wellbeing Leader



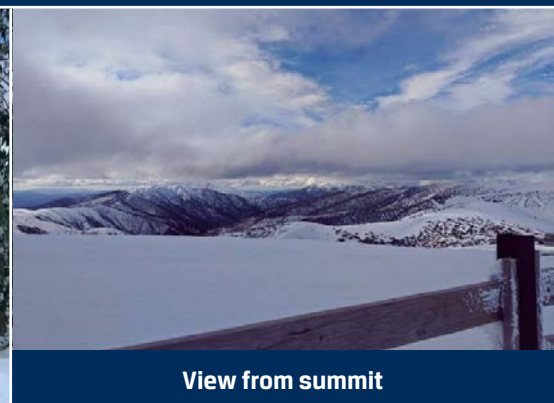
**Anna Bren, Lachlan McDonald, Jacob Gallacher,
Chloe McKenna and Emily Kokotis**



Night skiing at the Big D



Slope called Sundowner



View from summit

F1 IN SCHOOLS

At the beginning of 2019, a class of year 9 students were introduced to the F1 in Schools program.

Students communicated with businesses within our community to arrange sponsorship through either discounted products or direct sponsorship. On Friday 16 August the students participated in a fundraising Sausage Sizzle at Bunnings Warehouse Noarlunga. They managed to raise \$200 to help with costs associated with competition.

Team Vortex, consisting of Orlando Smith, Vaughan Keough, Peter Bennett, Deegan Dickson, Sam Leslie-Wilson and Chris Hale were showcased in the F1 in Schools competition at the Royal Adelaide Show. Students answered questions and discussed the processes they used to complete the cars. All this occurred whilst a judging panel required the students to do 3 different presentations and participate in 3 race challenges against the clock, and formidable opponents.

Monday morning commenced early with the team embarking on a 7.00am train ride to the showgrounds. Once there, students established their booth and were introduced to key people and formalities from the F1 in Schools organisers.

Our first component was an assessment and discussion around the trade display. Team cars were put to the test in the automatic racing section. Our competitors were Aspect Racing from Modbury High School who beat us by 0.033s after our run of 1.175s.

The second race saw our cars compete again and this time our car was victorious with a run of 1.132s. The 2 cars were returned to the start line, swapping sides and racing again. This time we won both races solidly.

The engineering team had the opportunity to showcase their skills by speaking to a panel of judges about the design and manufacturing processes. Orlando and Deegan spoke confidently and successfully to the judges for 30 minutes.

Day 2 was reaction racing. This racing provides the team members with a starting delay, depending on how quickly they can hit the button after the light goes green. We were again set up to race against Aspect Racing. We successfully and repeatedly beat their times, even though they had a faster reaction time for two of the starts.

The afternoon brought a knockout racing event where all classes competed for final points through reaction racing and auto racing.

We were awarded the Chair of Judges Recognition of Achievement award. This award recognises that although we did not win specific awards, the team's entry was competitive and a respectable effort.

Students were highly motivated and engaged in the whole experience. This was evident in their willingness to attend school on a Saturday to finalise components of the car and portfolios then delivering them for scrutineering and initial judging. Their commitment, presentation and behaviour was a credit to the school, their teachers and their families.

A big thank you to Graham Clark, Stephen Read, James Wallace, Alex Ditrich and Jake Dodd for their ongoing support and commitment.

Kym Davis
STEM Leader



HOLY FRIJOLES MEXICAN FOOD TRUCK EXTRAVAGANZA!

On Wednesday 4 September, some of the year 12 Food and Hospitality students put on a lunch for a select few staff and students as part of their final assignment.

The assignment called for students to work together to produce a food truck inspired menu, taking in to consideration the different legislations and safety standards that would go into a mobile catering company. The students collaborated as a class to decide on the food truck theme as well as recipes, roles, responsibilities and invitations.

Students agreed on a Mexican theme, with the name *Holy Frijoles Mexican Food Truck*.

The selected dishes included:

- Mexican chicken burger served with chips and guacamole
- beef burger with spicy chipotle sauce served with chips and guacamole
- beef nachos (GF)
- vegetarian nachos (Veg and GF)
- chicken quesadillas (GF)
- vegetarian quesadillas (GF)
- cinnamon doughnut holes with chocolate sauce
- chocolate mousse
- drinks included non-alcoholic mojitos and milkshakes.

Service day saw some students starting early with preparation and group work key to their success. They were placed under lots of pressure to ensure that all dishes were ready to be served at 1.05pm. On the day, students worked collaboratively and effectively to produce high quality and incredibly delicious food items. The room was decorated, music was played, and a lot of laughs and fun was had by staff and students alike.

Faryn Henderson
Child Studies teacher



YEAR 11 CHILD STUDIES

Earlier this term, some year 6 and 7 students came over from Christie Downs Primary School (CDPS) to participate in student-run cooking activities led by the year 11 Child Studies class, with the focus on creating modern café food.

The CDPS year 6/7 teacher, Nathan Evans has started up a café at their school where teachers can put in an order for coffee and lunch. He felt that his students needed some experience, guidance and encouragement, which is where we came in. The year 11 students voted on recipes and each week we made about 5 different items. The first week we made gourmet sandwiches and the next we focused on simple sweets that would pair with tea and coffee.

The mentoring process was a huge success, with the year 11 students and the year 6/7 students all enjoying the experience and the food produced. As a thank you for our hard work our class has been invited to the CDPS Café in week 10 for cake and coffee.

Faryn Henderson
Child Studies teacher

COMMUNITY CONNECTIONS

ST BASILS AGED CARE

Every Wednesday afternoon, a selection of students from years 10 and 11 head across the road to St Basils Nursing Home.

We are always greeted with enthusiasm and warmth as we enter the main building. When we arrive, students head to different tables and groups and immerse themselves in conversations and activities. Every week, we get to experience a different activity, including but not limited to: cooking, dancing, bingo, Wii Sports and karaoke.

Recent studies have shown that within the elderly, socialisation is incredibly important, as it supports cognitive functions, overall brain health and improved mood and quality of life. Likewise for teenagers, there are benefits with socialising with older adults; it can give the students a sense of purpose and responsibility, may help them understand the aging process, helping to introduce different and new technologies to the elderly, as well as learn some new things themselves.

I have found that this experience has both residents and students alike looking forward to Wednesday afternoons as there is a real genuine care about the connections made during this time. We all share stories, laughs and experiences and when we leave, students feel grateful for the opportunity.

Faryn Henderson
Home Economics teacher

INFIN8 NURSING HOME

Each Wednesday afternoon, a small group of year 11 and year 10 students, have had the pleasure of visiting the Infin8 Nursing Home at Christies Beach to spend time with a number of residents.

Whilst at the Nursing Home we play a range of games, from the classic game of Trouble to giant wooden jigsaw puzzles. Each week is different and we have loved getting to know and learn about the lives of each of the residents, all who have had a plethora of experiences with plenty of stories to tell.

We look forward to continuing the development of our relationship with the Infin8 nursing home, who provide our students with the opportunity to work outside their comfort zones and develop lifelong skills. This will enormously benefit our students, some of whom are only 1 year away from making the exciting transition from school into the rest of their lives in wider society.

Amy Jennings
Community Connections teacher

EVENTS MANAGEMENT

The Events Management team have been working hard this year to plan various events for the students at Christies Beach High School.

In term 1, the team planned a Youth Festival, aiming to raise awareness about mental health. In term 2, the team planned a Pyjama Day and Movie Night, aiming to promote positive body image. The Events Management team continue to work hard to plan events that bring the school community closer together.

Holly Steele
Community Connections teacher

COMMUNITY GARDENS

Every Wednesday in Block 3, Christies Beach High School years 10 and 11 students have an exciting opportunity to get involved in the community gardens program.

Students have been enthusiastically engaged in various gardening activities such as the preparation of garden seedbeds. Through this program students can grow organic vegetables such as broad beans, lettuce, spinach, potatoes, basil, onions and carrots. Students learnt about which plants can be planted in winter and summer seasons. Also, they explored techniques of composting to improve soil nutrients and texture. Earlier in the semester we were able to pick fruit in the garden including oranges and peaches. It is also the responsibility of students to remove weeds in the garden. The effort our students have put into this garden is commendable.

James Silombo
Community Connections teacher



COMMUNITY CONNECTIONS

WARDLI YOUTH CENTRE GARDEN

A group of year 10 and 11 students from Christies Beach High School have been spending their Wednesday afternoons getting involved at the Wardli Youth centre community garden.

This term we have been clearing space, making shelves, making and installing bee hotels, planting seedlings, making cuttings and picking produce from the garden.

The garden is thriving and it is great to see the enthusiasm of the students working together.

Carol Brock
Community Connections teacher



Making a shelf



Installing a bee hotel



Lettuce



Growing spinach



Making cuttings from plants



Picking peas



Kale



Herbs



Native bee hotel making



Planting multi-colour corn

BUZZLE BOX WORKSHOP

On Thursday 15 August, we were lucky enough to host a group of SRC representatives from Christies Beach Primary School.

Year 12 students helped to facilitate a workshop highlighting the importance of native bees and what we can do to encourage them in our gardens. This culminated in the construction of a *Buzzle Box*.

A *Buzzle Box* is a native bee hotel kit that was devised by a group of Conservation and Land Management students. The kit uses recycled materials and the logo was etched onto the timber using the school's laser cutter. In addition to making their own bee hotels during the workshop, the SRC students took some *Buzzle Box* kits back to their school to help spread the word about the importance of native bees in the ecosystem.

A big thankyou to the Christies Beach Primary School senior SRC team for being so enthusiastic, and to year 12 students Becky, Jasmine, Ryley and Adam for helping out on the day.

Michael Jenkinson and Michael Duke
CLM teachers



SOUTH AUSTRALIAN ABORIGINAL SECONDARY TRAINING ACADEMY (SAASTA) ABORIGINAL POWER CUP CARNIVAL

As part of the SAASTA course, the first semester culminates with the Aboriginal Power Cup.

Students must meet certain expectations by the end of the semester such as high levels of attendance, behaviour, respect and effort throughout all of their schooling.

The Power Cup took place from Thursday 22 – Saturday 24 June at Karen Rolton Reserve in the city, and Adelaide Oval. Prior to the camp, each student designed a guernsey, with the winning design being printed for the team to wear at the Power Cup. Tully Scrutton was the winner of our design with a fantastic, bright piece of art that represents Aboriginal and Torres Strait Islander people.

The first day involved the boys and girls teams playing 5 football games each against other SAASTA students from across the state, as well as attending the opening ceremony and a careers expo. Both teams competed well, with the boys winning 4/5 and the girls 2/5. The second day meant some sore bodies from the day before, but they were great in being ready for the next set of 5 games. The boys won all of their games while the girls, with a very young team, managed to win another 2 games for the day. The second day culminated with practice in preparation for the cultural dance before the Port Power vs Geelong AFL game that weekend.

The final day was spent at Adelaide Oval practicing for the cultural dance and the official awards ceremony. Our boys won the privilege of playing on Adelaide Oval in the Grand Final that afternoon as the curtain raiser to the AFL game. A hard fought game full of skill and endeavour meant either team could come out on top. Luckily for our boys, they found themselves 3 points up at the siren, meaning they were the champions of the Aboriginal Power Cup for 2019. An extra privilege as champions was being in the guard of honour for when the Port Power team ran out for the main game. Prior to this, all 500 SAASTA students from across the state performed their cultural dance in front of 40,000 people. A massive thrill for all of those involved.

A big congratulations to all students involved for their efforts over the 3 days representing themselves, their schools and most importantly their culture. Some videos can be found on YouTube of the carnival that highlights the significance of the event for all to see.

Chris Flavel
Senior Leader Aboriginal Education and SAASTA



SOUTH AUSTRALIAN ABORIGINAL SECONDARY TRAINING ACADEMY (SAASTA) SHIELD WORKSHOP

The second semester for the SAASTA academy culminates in the SAASTA Shield, a carnival involving a number of sports against all other SAASTA academies around the state.

Our academy participated in the lead in workshop on Wednesday 14 August, which was hosted by AFL Max and the Adelaide Crows Football Club.

The Stage 1 students had the opportunity to try out the brand new AFL Max, an interactive session filled with stations that allowed students to develop skills and undertake challenges. The class loved the opportunity to try it out, with some very classy skills on display.

The afternoon session was spent at the Adelaide Football Club with the McLeod Centre of Excellence, where the students got to listen to Andrew McLeod and find out the work he does with Indigenous programs at the Crows. The class participated in a cultural knowledge session with Andrew McLeod and then did some team building games in the shed upstairs at the club.

The Stage 2 students spent the whole day at the Adelaide Crows Football Club reviewing their year so far and gaining information and planning their upcoming course work for the rest of the year. They got the chance to see the gym, upstairs area and the board room where many crucial decisions have been made over the years. One small piece of humour was seeing the wifi name - We WiFly As One.

A big thanks to SAASTA and the McLeod Centre of Excellence, and the hard work of staff and students at Christies Beach High School for keeping the program strong.

Chris Flavel
Senior Leader Aboriginal Education and SAASTA



ADELAIDE CROWS FOOTBALL CLUB VISIT

On Wednesday 7 August some of the players from the Adelaide Crows came to visit Christies Beach High School.

They came to run a coaching clinic for the students who are part of year 8 and 9 Targeted Learning Centre and our Inclusive Education Centre. The students were able to get autographs, ask questions and spend time with some of their favourite players. Thank you so much to the Adelaide Football Club for supporting our students on their journey to beginning to play inclusive football.

Adam Thompson
Physical Education Teacher



Ben Davis and Maison Paterson



Rory Atkins and Alex MacDonald



Rory Atkins and Tom Smith



Riley Knight, Sam Jacobs, Paul Hunter, Rory Atkins and Ben Davis

KNOCKOUT BASKETBALL

Friday 9 August saw Christies Beach High School take 7 year 8 and 9 boys and 8 year 10 boys to Morphett Vale Basketball Stadium to compete in a knockout basketball tournament. The competition consisted of numerous schools from the southern region.

The year 8 and 9 team demonstrated drastic improvement throughout the day and even though they were unable to get a win, they improved their team work with better passing and increased encouragement. They demonstrated a high level of resilience and perseverance as they continued to play with intensity regardless of the score deficit, and their confidence in each other and themselves continuously developed. This allowed them to improve every game and get closer to winning. The boys showed true school spirit watching the year 10 team play their games and cheering them on.

The year 10 team, had a slow start to the day losing their first game by 12 points in a tough game to Victor Harbor High School. A couple of line-up changes and team chats saw the boys regain their motivation. They came out in the

second game with high intensity against Seaford High School for a convincing win. The third match up against Eastern Fleurieu started undesirably as they quickly took an 11 – 0 lead. A short time out and some substitutions saw the team come back and win the game by two points. The game was an excellent example of the spirit and perseverance with which the boys played. This confidence saw them go into the final game against Wirreanda High School eager to win, which was evident as they lead the game and finished with an impressive win. The team ended up in a three-way tie for first place which then came down to percentage. Unfortunately that placed us in third place overall. This team has shown a lot of promise for the future of Christies Beach High School basketball. Exciting times ahead!

Dillon Taylor
Health and Physical Education Teacher

CONSERVATION AND LAND MANAGEMENT CAMP

During week 3 of this term, the Conservation and Land Management (CLM) class travelled to a mallee block 10km west of the town of Morgan.

Here they spent 2 nights and 3 days studying the rugged and beautiful mallee environment. The focus for this camp was on students collecting data about a unique bird called the mallee fowl (a ground dwelling bird that is listed as vulnerable in the region). Nests were measured, with data added to an App called Collector which collates all results and adds them to a live map. This project has been recognised at the New Zealand ESRI user conference and further enhances Christies Beach High School's reputation as a leader in trialling new technology in the area of conservation and land management.

In addition to collecting data, students were also able to fly drones, go for night walks, and view Saturn and Jupiter through a Dobsonian telescope and cook on an open fire. Staff and students enjoyed the remoteness of the camp and had a great time. A big thankyou to the Greenshields family for letting the school access their property.

Michael Jenkinson, Michael Duke and Elizabeth Neef
CLM teachers



Morgan Camp

Mallee Fowl Nest



ZONTA

Zonta is a global service organisation who are empowering women worldwide through service and advocacy. Zonta International has 29,000 members in 63 countries who, since 1919, have provided more than US\$11 million to projects benefiting more than 2 million women in 37 countries.

The staff and students from the Christies Beach High School Young Mum's program are very fortunate to have forged a strong link with the Zonta Club of Noarlunga Southern Vales who have provided support for our program in a variety of ways. We have received a \$1000 grant for the establishment of a "quiet space" where mums can feed and settle their babies and borrow parenting books and access other support material. Zonta also provides a gift for our new mums when their babies are born that include a nappy bag, beautiful handmade quilt and a range of products for mum and baby.

The Zonta Club of Noarlunga Southern Vales work to improve the legal, political, economic, educational, health and professional status of women and their generosity, advocacy and support for our Young Mum's is very much appreciated.

Lucie Walker

Assistant Principal Flexible Learning Program

ADVICE ON RELATIONSHIPS

The stage 2 health class decided to do a health promotion on abusive relationships for the healthy relationships topic. Relationships are the connection between people that lead us to create social circles of people that make us feel safe. Sometimes conflict arises and relationships may become unhealthy. This article will help give ideas on how to manage conflict and deal with unhealthy relationships.

The year 12 students of the stage 2 health class conducted a hundred surveys among the other senior students of the school, ranging from year 10 to 12. Throughout the results of the survey it was discovered that students believe that communication, trust and honesty were the most important qualities in maintaining a healthy relationship. Partners being controlling, violent and even cheating were recognised as the three biggest factors to contribute to the decline of a relationship.

Abusive relationships can occur from conflicting personalities or insecurities that grow over the length of the relationship. It is good to know the signs of unhealthy relationships early to hopefully get out of that relationship before it's too late. With communication being a key factor to a healthy relationship, it is important to tell your friend or partner if they do anything to make you feel uncomfortable or even if you are unhappy. Trusting your friends or partner and being honest will help to keep the relationship healthy.

In a relationship you may feel upset, controlled or unsafe. Feeling upset on occasion doesn't mean a relationship is unhealthy, but if you are finding you are constantly feeling upset because of that person, then it means it's probably time to cut that relationship off. Feeling controlled or unsafe at any time in a relationship is unhealthy and needs to be stopped; continuing that relationship could turn into physical or emotional damage.

Rachelle Foale

Year 12 Health Class



Jane and Jo from the Zonta Club of Noarlunga Southern Vales, with staff from the CBHS Young Mum's program.



An example of the gift pack provided for our new mums.

SA Dental Service

Keep your kids smiling



Dental care is FREE for ALL babies, preschool and most children under 18 years at School Dental Service clinics.

Our specially trained staff provide comprehensive dental care to help prevent pain and tooth decay.

We will always talk to you about what your child needs before we provide any treatment. We have been a trusted government dental service for children since 1969 and bulk bill under the Child Dental Benefits Schedule.

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Your local clinic is: Noarlunga GP Plus Dental Clinic

Phone: 8384 9244 or use the link on our website to ask us to contact you.

www.sahealth.sa.gov.au/dentalappointment